

MEDINFO – 5.0 Shareware-Version

(c) Sylvia Zedewitz, 2001-2004, palmianer@s-ze.de

Description:

This program will help you to manage your personal medical data.

From my work in a doctor's office I know that many patients spontaneously forget important informations: the date of their last vaccination, the name of a certain disease or of a certain medication, existing allergies and so on. In order to acquire further information fast, information about past stays in hospital or from other doctors may become important.

All this can be managed with little effort by the help of MEDINFO, the program is widely self-explaining. Besides MEDINFO offers the opportunity to register further data. This application has great features and a small size!

The section "Medical Test" is kept general by purpose for individual records: Here in four partitions, results from laboratory or other actual results can be recorded. In my opinion it doesn't make sense to offer pre-created values, because every patient has different problems as experience shows.

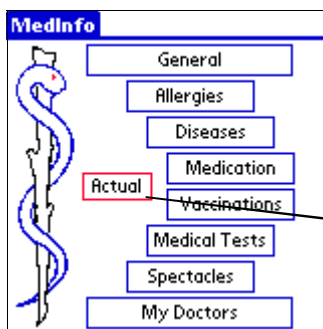
For actual values (Blood Pressure, weight, Blood Glucose,...) there is a special category called "Actual"

The category "Extras" offers additional space for "this and that". A simple reminder is included.

Installation and use:

Please install "I_MedInfoE-SW.prc" as ever, then tap the "Install MedInfo"-Icon to automatically expand the archive. After the install process, the install file will be deleted automatically. Do NOT deinstall a previous version. Thus already saved data will not be lost.

User's Guide:

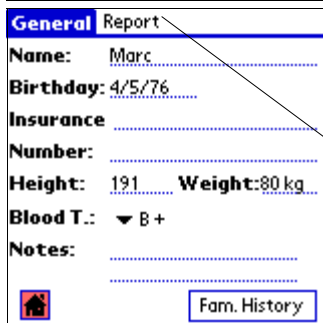


Main Screen

The selection of the main categories is made here.

Extended subcategories are found at "Medical Tests" and "Diseases".


Actual values



General Informations

Entry of the most important also non-medical data.

Report: Export to Memopad, after an Hotsync you can print your data



Allergies

You suffer from allergies or intolerances? Enter the relevant data here. (Add symptoms or allergy test results if you wish.)

Please insert allergies against drugs here

[illegible]

Diseases

~~All important constant diseases and long-term illnesses belong into here.~~

~~Subcategories:~~

~~Enter all important previous diseases and data about previous hospital stays in the concerned subcategories.~~

Pre-Diseases

Year	Disease
1988	Pneumonia

Pre-Disease	Exp
Year: 1988 Disease: Pneumonia Notes:	

[illegible]

Hospital	
Reason:

from:	to:
Hospital:
Notes:

Medication		
Allergies (A. Med.): Cotrimazol		
Refill:	Drug:	Dose:
1/5/04	Metoprolol	1-0-0

Medicine Exp

Drug: Metoprolol

Kind of D.: ▼ Pill








Reason:

Dose: 1-0-0 ▼ always

L. Refill: 1/5/04

Doctor: ☒ ▼ Smith

Notes: since1996

Medication

.. is needed by almost everyone. You can filter the data in the table.

Vaccinations		
Date:	Disease:	Next:
9/7/03	Grippe	9/7/04
12/9/99	Hep. B	3/5/03
11/12/99	Hep. A	11/12/09
2/20/96	Polio	2/20/06

Vaccination		Exp
Disease:	Grippe	
Vaccine:	Begrivac	
Date of V.:	9/7/03	
Next:	9/7/04	
Notes:		

Vaccinations

Information about the name of the serum or the date of the next necessary refresher vaccination can be inquired at your doctor's.

Create a datebook "note"

Medical Tests	
Examinations	Special
Blood Tests	Lab
Notes	Note 1
Notes	Note 2

Medical Tests

In the respective subcategories is space for the examination results concerned.

Recommendation: To maintain fast access on relevant data old entries should be deleted now and then!

Examinations			
Date	Exam.	Reason	N
6/2/02	Knee (X-	Pain	<input type="checkbox"/>

Examination		Exp
Date:	6/2/02	
Exam.:	Knee (X-Ray)	
Reason:	Pain	
Doctor:	<input checked="" type="checkbox"/> ▼ Smith	
Result:	<input type="checkbox"/> Normal	
<div style="text-align: center;"> </div>		

Special Examinations

(“Blood Tests” as described here!)

Spectacles Exp

Date: 9/26/02

	sph	cyl	ax.	Add.
L	-1.00	-1.00	13	
R	-0.5	-0.75	170	

Notes:

Spectacles

Insert the necessary data here.

Actual Value RR

Date: 6/14/03

Value: 130/80, P 68

Note: by doctor

Actual values

Use it for Blood Pressure, Weight, ...

Value Titel

Please insert here:

RR

(Weight, Blood Pressure, ...)

Doctors

Speciality	Name:
Practical	Smith
Dentist	Clent

Doctor

Name: Smith

Special.: Practical

Phone: 2222-333333

L. Visit: 7/2/02

Appoint: 3/5/03 10:50 am

Notes:

Doctors

The doctors' names appear at the popup-menus of various other categories.

You can create an datebook appointment

Tap on "Notes:" to insert the address directly from your phonebook!

Reminder

Medicine

Penicillin!!!

4/3/04
7:00 pm

Reminder

Let it remind you of taking your medicine, your next appointment, etc.

Problems:

Requires PalmOS 3.5 (or above).

This applicaton was tested on the Palm Vx (OS 3.5, black/white), Palm M505 (OS 4.0, coloured), Palm Tungsten (OS 5.0) and with the Palm OS Emulator. I haven't found any problems which would cause a crash.

Frequently Asked Questions (FAQs):

-Can I use this program for the whole family?

No, it is only for one person!

-Is it possible to run the application from SD/MMC-Card?

Please avoid installing this program on SD-cards and similar devices. This is only a recommendation, because I received SINGLE reports about problems connected to this subject.

-Where is the alarm-function?

There is no button for it; you will find it in the menu of the Main-Screen

Vaccination	Exp
Disease: Hep. A	
Vaccine: Havrix 1440	
Date of V.: 11/12/99	
Next: 11/12/09	
Notes:	

Navigation icons: back, forward, search, print, etc.

-Export

Please export the data to Memopad. After a hotsync you can print your records.

In "General" the export function is called: "Report". Included are the data of "General", "Diseases" and "Allergies".

Memo 1 of 2	Unfiled
MI-Vaccination	
Disease: Hep. A	
Vaccine: Havrix 1440	
Date of V.: 11/12/99	
Next V.: 11/12/09	
Notes:	
Done	Details

Restriction of Shareware-Version:

- Only one record possible
- No Export
- No support

License:

MedInfo is shareware. If you find it useful, please register it at PalmGear (<https://secure.palmgear.com/sc/buy.cfm?prodid=15389&buytoken=24370922>). It only costs \$10.-. Then you will get the full version without any restrictions and "registration-reminder".

This software is provided without warranty. Use it at your own risk. I will not take responsibility for any form of damage or loss that occurs by using this software.

Sylvia Zedewitz